



Sossi Background

- Sossi's soybean protein chunks and mince are made from natural soybeans and are a perfect addition to all your family's favourite dishes. Sossi is delicious with ugali, rice, bread, chapati, pasta, potatoes or even noodles. Enjoy Sossi for breakfast, lunch or dinner or just as a healthy snack
- Sossi's unique, rich meaty flavour comes from our specially formulated seasoning, which comes in two flavours: Classic or Beef
- Sossi contains 40% protein
- Manufactured in Kenya & Ethiopia
- Soybeans are among the best sources of plant-based proteins.

Flavours

- Sossi Soybean Protein Chunks are available in 2 flavours: Classic or Beef.
- Sossi Soybean Protein Mince is available in 1 flavour only: Classic.

Benefits of Soybeans

Soybeans are:

- Low in saturated fat
- A source of antioxidants
- High in phytoestrogens
- Naturally free from gluten
- Highest protein content of all beans found in Kenya
- High in energy.

Soybeans are one of only two known plant foods that contain all the essential amino acids similar to those of meat and are therefore classified as a high quality protein.

Diets that are high in plant proteins such as soybeans have shown to lower the risk of heart disease, breast cancer and type 2 diabetes.

Features

Nutritional benefits

Benefits

- High in Protein
- High in Omega-3 fatty acids
- High in Iron
- High in Dietary fibre
- High in Magnesium
- High in Vitamin B9 (Folate)
- Cholesterol-free

Quick cooking

Ready in 2 simple steps : Soak and fry

Available in 3 pack sizes for all consumption occasions

- 40g sachet
- 80g sachet
- 160g sachet

Versatility

- Highly nutritious and a great protein alternative to eat with ugali, rice, bread, chapati, pasta, potatoes and more.
- Enhance any dish (meat or vegetarian) with Sossi Soybean Protein Chunks or Mince.

Shelf life & Other

- 2 years
- Halal Accredited
- No animal products
- Vegan and vegetarian friendly



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Variant	Sachet weight	Carton size	Nett weight	Carton barcode	Case Dimensions
Classic chunks	40g	6 strips x 12 sachets x 40g	2.88KG	26008155007620	375w x 250d x 220h
	80g	4 strips x 12 sachets x 80g	3.84KG	26008155002632	380w x 290d x 220h
	160g	24 individual sachets x 160g	3.84KG	26008155007637	375w x 290d x 220h
Beef chunks	40g	6 strips x 12 sachets x 40g	2.88KG	16008155012665	375w x 250d x 220h
	80g	4 strips x 12 sachets x 80g	3.84KG	16008155012672	380w x 290d x 220h
	160g	24 individual sachets x 160g	3.84KG	16008155012689	375w x 290d x 220h
Classic Mince	40g	6 strips x 12 sachets x 40g	2.88KG	6008155008579	375w x 250d x 220h
	80g	4 strips x 12 sachets x 80g	3.84KG	6008155008555	380w x 290d x 220h
	160g	24 individual sachets x 160g	3.84KG	6008155008586	375w x 290d x 220h



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Nutritional Information of Beef and Classic SOSSI Variants

SOSSI Beef Nutritional Information:

NUTRITIONAL INFORMATION	Unit	Per 100g serving	Per 30g single serving	%NRV per 30g
Energy	kJ	1325	417	
	kcal	316	100	
Protein	g	40.1	12.0	24%
Carbohydrates	g	18	6	
Total Fat	g	9.9	3.0	
of which saturated fatty acids	g	1.7	0.5	
of which monounsaturated fatty acids	g	2.3	0.6	
of which polyunsaturated fatty acids	g	5.4	1.6	
of which Omega-3 fatty acids	mg	890	269	
of which ALA	mg	887	266	
Cholesterol	mg	0	0	
Dietary Fibre	g	11.8	3.6	
Iron	mg	27.0	8.0	57%

Ingredient Declaration: Textured Soybean Protein, Salt, Flavour Enhancer (E621), Flavourings, Maize Starch, Spices & Spice Extracts (Onion, Garlic, Capsicum, Chilli, Pepper), Acidity Regulator (E330), Anti-Caking Agents (E341, E551), Vegetable Fat, Colourant (E150C, E124).

SOSSI Classic Nutritional Information:

NUTRITIONAL INFORMATION	Unit	Per 100g serving	Per 30g single serving	%NRV per 30g
Energy	kJ	1385	416	
	kcal	331	99	
Protein	g	40	12	24%
Carbohydrates	g	18	5	
Total Fat	g	11	3.30	
of which saturated fatty acids	g	1.9	0.6	
of which monounsaturated fatty acids	g	2.4	0.7	
of which polyunsaturated fatty acids	g	6.2	1.9	
of which Omega-3 fatty acids	mg	866	260	
of which ALA	mg	866	260	
Cholesterol	mg	0	0	
Dietary Fibre	g	11.3	3.4	
Iron	mg	33.10	9.9	70%

Ingredient Declaration: Textured Soybean Protein, Salt, Flavourant, Spices (Pepper), Flavour Enhancer (E621, E635), Dextrose, Vegetable Fat, Maltodextrin, Yeast Extracts, Colourants (E110, E172), Anticaking Agent (E551), Cocoa Powder, Stabiliser (E412).



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